00:37:33 Michiel van der Ham: If you have questions, use the chat.
00:56:20 Michiel van der Ham: Ancestors in what line? Grandparents? Or grand grandparents?
01:10:47 Paula van Diemen: Could we have the links of these movies to share to others?
01:11:42 Chandra de Vries l
HOST: The video: https://www.youtube.com/watch?v=-MQifq5t8qg
And the second video: https://www.youtube.com/watch?v=-QgglTik6G4
01:24:43 karin bootsma: 👍
01:24:49 Nicole Klip: I felt a tiny shake when the other went away
01:44:45 wilma Rozenga: is it possible to have a short break. It is a lot
01:45:22 Chandra de Vries l HOST: We have a break in 5-10 minutes
01:50:33 Chandra de Vries l HOST: Movie fearless Peter Levine
01:55:34 Belinda: love this workshop!!!
01:55:44 Rieneke: love this workshop also!!
01:56:15 Inge Berben: Very very interesting!
01:56:35 Rieneke: A little question: I have several clients who tell me that when they wake up, anxiety comes to them, during the day it fades. Can you help to understand this?
02:38:25 José: the music is interrupting your voice
02:53:21 Nicole Klip: Is it forced migration when you migrate as a child? Even though your parents migrate voluntarily?
02:56:17 Sandrijn Dekkers: Wow, wow, wow. Thank you so much Feride for sharing your knowledge and insights and your own experiences. I absorbed everything and will carry it along with me. And pass it through! Would love to have another moment for all my questions, because I’m still processing. ♡
02:56:45 jessica: could you tell me what to do if someone is left behind?
02:57:33 karin bootsma: thank you for all the learnings. I take them with me in my heart. Kind regards
02:59:08 Manon: I live in an area with a lot of internationals/expats and the number is increadibly growing. Can there be made some general remarks regarding the impact and how to work with them? How do they cope and how can I assist as a systemic coach?
02:59:19 Sandra: A very nourishing afternoon, thank you for this.
03:00:12 Spot: Thank you very much! Ronald, Elly & Nynke
03:01:38 Rob Schlor: Thanks for all information you shared.
03:03:36 Petra Overeem: Thank you very much for this valuable information
03:05:41 Mieke: Can we have de meditation on paper?
03:06:18 Jilles VanGastel: If you work individually with people that are in the fight or flight mode from trauma, how can you bring in the ancestors and/or connect them to the resources? Does the visualization work or do we need to do something first so they recognize the state they are in?
03:08:02 Els Vanparys: thanks Feride for sharing your experience and insights from your constellation work and the way you look at the pnenomenons. Maybe thinking about writing a book ;-)? You're very inspiring! See you later.
03:10:48 Rieneke: I loved this workshop, thank you so much. You are really inspiring and i learned a lto!
03:11:02 Manon: Thank you, Feride! It was very interesting and inspiring!!
03:11:05 Danielle Teheux: Thank you very much for sharing all your wisdom☺

03:11:07 Mieke: Thank you for make the connection between the polyvagaal theorie and systemic work🙏
03:11:26 Jan Rauter: thank you Feride, very interesting and enlightning
03:11:45 Belinda: You helped so much by sharing your professional and personal experience! Thank you very much! Look forward to the two days workshop
03:11:46 Ciska Pittie: Yes, thank you very much, it's really inspiring! I'm looking forward to your publications :-)
03:11:55 Maartje: Thank you Feride! It was an insightfull afternoon, new insights, great take off this second block ☺ 🙏
03:11:58 Suzanne: Replying to "I loved this worksho..."

Thank you so much for this lovely inspirational afternoon.
03:12:07 Peter Dalmeijer: Thank you Feride. Nice to be in contact with yo again, since the podcast. You know you are always welcome LIVE in Holland! We surely love to support it.
03:12:24 Emine Feride Gursoy: Reacted to "Thank you Feride. Ni..." with 🙏
03:12:27 Nirupa Shantiprekash: Thank you sp much Feride. Everything you said resonated s much with me. A lot of things came up and also a lot of questions. I will process all you said.
03:12:46 Nirupa Shantiprekash: Thank you also Chandra and Michiel
03:13:10 Jilles VanGastel: Thank you very much for this great masterclass!
03:13:11 iPhone van Marlou: Thank you!!!!!